

Commonly Used Acronyms

Acronym	Stands For	Definition
ADA	Americans with Disabilities Act	An Act passed that establishes requirements for the construction and alteration of public facilities that ensures access for people with disabilities.
ADL	Activities of Daily Living	Term used to refer to people's daily self-care activities such as bathing, dressing, brushing hair, or brushing teeth, etc.
ANA	Adult Needs Assessment	Analysis of individual's support needs regarding ADLs, medical, social/behavioral, and nighttime care. The ratings from the ANA determine the number of hours allotted to the individual in an in-home setting and will be used to inform the person centered planning process of someone in 24-hour licensed settings. Either the ANA or SIS assessment is conducted annually prior to the ISP.
APO	Annual Physician Orders	Updated yearly to reflect individual's medications and prescribers
BBP	Blood Borne Pathogens	Training conducted annually to help educate staff on risks of working with someone else's blood or other bodily fluids
BM	Bowel Movement	May be tracked if individual is identified to be at risk of constipation
BSP/PBSP	Behavior Support Plan/Positive Behavior Support Plan	Assists staff in supporting individuals to help reduce a challenging or dangerous behavior
B/P	Blood Pressure	
CBGs	Capillary Blood Glucose	Tracking someone's blood sugar levels
CDDP	Community Developmental Disabilities Program	Each county has their own CDDP which offers services to adults (dependent on eligibility) such as case management.
CDP	Career Development Plan	A document within the ISP that indicates the individual's choice regarding employment, any barriers to integrated employment, and desired employment outcomes. Discovery/Career Exploration, Job Development, and Job Coaching may be written into the plan to help support the individual in achieving their goals.
CLS	Community Living Supports	Used to be called DSA (Day Support Activities) and before that, ATE (Alternative to Employment), these programs strive to be integrated into the community, teaching independence, social, and safety skills. The Aloha Program and ECM function as hubs where participants meet up and get ready to go, ideally spending less than 30 minutes in the building
CPR	Cardiopulmonary Resuscitation	Emergency life sustaining procedure performed when someone's heart stops beating
DSP	Direct Support Professional	Staff who work directly with people in the I/DD field with the aim of assisting those individuals to become integrated into their community

DNR	Do Not Resuscitate	Medical order written by a doctor that instructs health care providers not to perform CPR if someone's breathing stops – DSPs are expected to perform CPR even if individual has DNR unless otherwise instructed
ECM	Edwards Center – Milwaukie	Day Support Activity Program in Clackamas County
FA	Functional Assessment	A form used to figure out why someone may act the way they do – trying to understand what's behind inappropriate, challenging, or dangerous behavior. The FA is generated prior to a BSP and used to determine if a BSP or PBIS Plan is warranted.
HIPAA	Health Insurance Portability and Accountability Act	Establishes national standards to protect individuals' medical records and other personal health information
HazCom	Hazard Communication	Standards used to ensure that the hazards of all chemicals are evaluated and details regarding their hazards are transmitted to employers and employees
iADL	Instrumental Activities of Daily Living	Activities that fall into the category of iADL are specific types of ADLs. iADLs are considered to be "instrumental" in living independently but don't necessarily include personal activities/tasks related to personal care (such as cleaning and maintaining the house, managing money, etc.)
ISE	Individual Supported Employment	Any plan that refers to those who are engaged in employment with the support of a job coach or employment specialist
ISP	Individual Support Plan	Document that details an individual's supports, activities, and resources for the next calendar year. Meeting to approve the ISP includes the person's ISP Team which is typically comprised of: Personal Agent or Services Coordinator, Residential Manager, Vocational Manager, Family Member(s), and the individual themselves
I/DD	Intellectual/Developmental Disability	Current terminology used to describe the type of individual's being served
MAR	Medication Administration Record	Legal record used to ensure proper tracking of medication administration
NKA / NKDA	No Known Allergies / No Known Drug Allergies	Means no known allergies of any sort / no known drug allergies of any sort
OAR	Oregon Administrative Rules	Official Oregon State rules and regulations that govern a lot of what an agency in this field can and cannot do
ODDS	Office of Developmental Disabilities Services	Offers services to adults ranging from supports to assist an individual to live in their own home or with family or friends, to 24-hour comprehensive services. Services offered have specific eligibility standards and are accessed through their local CDDP.

OIS	Oregon Intervention System	Oregon's system of training and implementing the principles of Positive Behavior Support and Intervention to staff who support individuals in the I/DD field
ONA	Oregon Needs Assessment	Assessment that will eventually replace the ANA. Currently this is used to assess services that help an individual live independently in the community (attendant care, ADL, iADL supports)
ORA	Oregon Resource Association	A professional membership association for service providers of individuals with I/DD that provides education and training, networking opportunities, consulting services, and professional assistance to grow employment and businesses.
PBIS	Positive Behavior Intervention Support	Framework used to maximize the selection and use of evidence-based prevention and intervention practices to support an individual in exhibiting more socially acceptable/appropriate behaviors
PCI	Person Centered Information	Base form used to assist in the planning process of an ISP. Information about an individual's hopes, dreams, relationships, etc. is gathered prior to the ISP meeting from everyone involved in the individual's life, especially the individual themselves
PCP	Person Centered Planning / Person Centered Plan	A process used to help individuals plan for their future – utilizing various values, skills and tools that focus on what the individual's vision and goals are for their future.
PCP	Primary Care Physician	The main doctor that manages most of the individual's medical issues.
PCR	Professional Consultation Record	Form filled out every time a medical professional is consulted about an individual. PCRs are kept in the Individual's Medical Record book
POLST	Physician Order for Life Sustaining Treatment	Form filled out and kept in an Individual's Medical Record book that reflects the individual's wishes if they were to become seriously ill or frail. Health Care Rep may assist in filling this form out.
PPE	Personal Protective Equipment	Equipment used to help minimize exposure to a variety of hazards, such as gloves, foot covers, gowns, eye protection
PPI	Protective Physical Intervention	Direct physical contact where reasonable force is applied to an individual against resistance, either to restrict movement or mobility or to disengage from harmful behavior. PPI's are taught in OIS and are to only be used as a last resort, in an emergency situation
PRN	Pro Re Nata	Latin, loosely translated to 'as needed'. Typically used when referring to medications that aren't regularly scheduled such as Acetaminophen (Tylenol) for pain/fever
PSI	Protective Service Investigation	May occur if a report of abuse/neglect is submitted to the county regarding an individual with I/DD.

		After the call goes into the county and the investigator screens it in, the investigation starts with a formal notification to the Executive Leader and legal guardian. During the investigation, Protective Services may occur to ensure the safety of the individual. Typically investigations take 4-6 weeks.
RIT	Risk Identification Tool	Document used to identify known, serious risks in a person's life. This form is used as a base for figuring out which support documents need to be generated.
SIS	Supports Intensity Scale	Either the ANA or SIS assessment is conducted annually prior to the ISP. A SIS assessment will be scheduled instead of an ANA if the individual's support needs have significantly changed. This tool measures the pattern and intensity of supports needed for an individual with I/DD to be successful in the community. The SIS determines the Tier rate that the individual will be in (the amount of funds allocated to support the individual).
VNS	Vagus Nerve Stimulator / Vagal Nerve Stimulator	Medical treatment that involves an implant and a magnet that, when used, sends an electrical impulse to the vagus nerve to help stop or shorten a seizure, decrease its intensity, and shorten recovery time.

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