

Spring 2018

Activity and Class Schedule



Edwards Center, Inc.



"Explore Your Passion"

Welcome to Edwards Center!



Edwards Center has been serving adults with developmental disabilities for over 40 years. We are continually growing and changing to meet the needs of the people we serve. Check out some of the new services below to see what we can do to help you *explore your passion!*

Who?

Any individual 18 or older with a developmental disability can attend classes. It is asked that if toileting or feeding assistance is needed that an attendant join the person for the class. If you would like to have an attendant provided for you by Edwards Center please contact Frances S. or Almee T. at 503-642-1581 one week before your class series or special event.

When?

Days, evenings, and weekends! We have a variety of classes available to fit in with anyone's schedule.

Where?

Classes are located at:

Aloha Community Center

4375 SW Edwards Place
Beaverton, OR 97078
503 - 642 - 1581

Edwards Center Milwaukie

4287 SE International Way Ste. A
Milwaukie, OR 97222
503 - 653 - 2381

Hot lunch is served

Monday - Friday in the dining room
from 11:30 am - 1:00 pm for only \$5.

Two food options daily!

See the menu online at www.edwardscenter.org

What?

Special events, socialization and recreation classes for adults with developmental disabilities. Special events are on a one time basis. Many of the socialization and recreation classes run for a series of weeks. Don't want to sign up for a whole series? Some of our classes have a drop in option. (Application for services still required.) To sign up for classes and events register online at <http://www.edwardscenter.org/edwards-center-classes>

Day support services are provided both on-site and in the community. This program serves people for up to 25 hours per week. An individual can have any combination of 25 hours (consecutive or non-consecutive) desired and available. To enroll in the day support services program contact the Rehab manager. For Aloha Day program contact 503-642-1581, for Milwaukie Day program contact 503-653-2381.

Transportation a problem?

Transportation a problem?
We can coordinate transportation through carpool etc. for a small fee. Additional charges may apply for Edwards Center to provide transportation. Both of these services may be reimbursed by your brokerage, just check with your provider.

Inclement Weather

Edwards Center programs, classes and sponsored activities may be delayed or canceled due to unusual weather conditions (snow, ice, extreme heat). Notification of delays or closures will be recorded on our main phone 503.642.1581 Ext. 299.

Cancellations, Discounts and Credits

Delays, Closures & Changes: Occasionally our centers will be closed or schedules changed or delayed due to special events. We make every effort to announce any change in advance.

Full or Canceled Classes: All classes operate with a minimum enrollment requirement and maximum enrollment capacities. Edwards Center reserves the right to cancel, change or combine classes. Classes will not be canceled within 72 hours of the start date except in extraordinary circumstances. When we cancel or postpone a class, we will credit the class fee to the participant.

Waiting Lists: Once a class is filled, a waiting list will be created.

Credits: We will issue credits to be used towards other activities in lieu of refunds

Classes: Requests to drop or change a class must be made five days prior to the first day of class to receive a full refund minus applicable fees.

Day Support



DAY SUPPORT SERVICES

Day Support Facilities- previously known as Alternative to Employment Programs operate at both Aloha and Milwaukie. The facility itself is licensed and services are provided both on site and out in the community.

Day support activities are designed to provide recreational, social and rehabilitative supports to people either because they have reached retirement age, have hours that they are not engaged in work or work related activities OR because individuals and their ISP teams have elected not to pursue work or work related activities at this time.

HOURS OF SERVICE & PAYMENT

Hours of service are determined by the ISP team. An individual can have any combination of hours (consecutive or non-consecutive) desired or available. For example, a person may elect to attend M-W-F for 8 hours each day. Another person may select M-F from 9am to 2pm or from 12pm to 5pm. **Hours and days may change as the need changes based on our capacity.**

Day support facilities are a location allowed under the K plan services as a form of attendant care. Rates are determined by a level of care assessment and paid hourly through eXPRS. Some individuals may be limited to 25 hours a week. (During the day individuals enrolled at Aloha or Milwaukie may access the community. These activities are paid for under Medicaid and are separate from the classes listed in our catalog.)



The Aloha Program & Edwards Center Milwaukie

Explore your options...

Our facilities offer two to three classes per hour throughout the day. At the Aloha location two hot lunch options are available daily for \$5. A variety of classes are offered at the building with community activities and events scheduled in as well (Examples below).

The Aloha Program is open Monday-Friday from 8:00am-6:00pm. Please contact the Rehab Manager to apply for services and for specific scheduling options 503-642-1581 ext 207.

8:00-9:00	Coffee Social Hour		
9:00-10:00	Book Club	Wii Dance	Explore Oregon
10:00-11:00	Health and Wellness	Arts and Crafts	Outing
11:00-12:00	The Presidents	Board and Table Games	Outing
12:00-12:30	Lunch		Misc. Activities
12:30-1:00	Misc. Activities		Lunch
1:00-2:00	Nature Class	Life Sciences	Music and Fellowship
2:00-3:00	Afternoon Social Hour		
3:00-4:00	Intro to Dance	Current Events	All About Science
4:00-5:00	All About Cats	Health and Beauty	Outing
5:00-6:00	Movie Trivia	Arts and Crafts	Stretch and Relax

Edwards Center Milwaukie is open Monday-Friday from 8:00am-5:00pm. Please contact the Rehab Manager to apply for services and for specific scheduling options at 503-653-2381.

8:00-9:00	Coffee Social Hour		
9:00-10:00	Geography & Travel		Fun Facts: Music
10:00-11:00	Arts and Crafts		Outing
11:00-12:00	Jewelery Making		Outing
12:00-12:30	Lunch		Sign Language
12:30-1:00	Book Club		Lunch
1:00-2:00	Nature Class		Mythology
2:00-3:00	Afternoon Social Hour		
3:00-4:00	All About Cats		Outing
4:00-5:00	History		Outing

All services are billed through the eXPRS payment system however, **Case Manager or Personal Agents must code and authorize the services as separate and distinct. Rates for 1:1 Attendant Care in the home or community (OR526,OR100, OR101) and OR542 (WF** or WI**) DSA, non-work; Facility Attendant Care.**

All participants in Day Program who live in Foster Care, Group Home OR Comprehensive IN HOME may ONLY participate up to 25 hours in program. All other hours, classes or activities must be paid for PRIVATELY by the individual using their own personal funds.

Edwards Center cannot start providing services to individuals until the plan has been authorized and shows in the eXPRS payment system.

CHUCK E. CHEESE'S®
**FUNDRAISING
NIGHT**

Location: **Chuck E. Cheese's**

Time 5:00 pm – 8:00 pm

Edwards Center

Event Date: **June 4th**

Event Address: 4145 SW 110th Ave.
Beaverton, OR 97005



Treat your
family to a
fun night of
Pizza
and Games!

and
Edwards Center
will receive
15% of the
proceeds from
that evening.



Aloha Classes

Explore new things...

Men's Group

This is a men only socialization group that discusses many different topics. This is a safe and open environment to come and discuss anything that may be on your mind.

Mondays

April 9th & 23rd May 7th & 21st June 4th & 18th

4:30pm- 5:30pm

\$30 series

Instructor: Steve H.

Earth tones Music Therapy

With a certified music therapist leading the class, this is an hour of fun with singing and musical instruments.

Mondays

April 2nd – June 25th | 10:00am – 11:00am

\$55 Series

Instructor: Tonya F.

Walking group

Leaving from the Aloha Community Center, we will go to nearby locations. We will walk mild trails, neighborhoods and nature parks!

Tuesdays

April 10th & 24th May 8th & 22nd June 12th & 26th

2:00-3:00

Instructor: Aimee T

Sewing

Learn the basics of sewing! You will have the opportunity to make a basic project such as a pillow case or an apron while getting hands on learning time with a sewing machine!

Tuesdays

April 10th - May 15th

May 22nd - June 26th

4:00-5:00pm

\$40 a series plus supplies

Instructor: Heidi C.

Cooking

Pizzeria! Let's make pizza! Join Aimee in the kitchen to cook a variety of pizzas and practice our basic cooking skills!

Tuesdays

April 10th – May 15th

May 22nd- June 26th

5:00pm- 6:30pm

\$ 60

Instructor: Aimee T.

Cooking

Soups and sandwiches! Make a variety of soups and sandwiches while practicing basic cooking skills.

Wednesdays

April 11th – May 16th

May 23rd – June 27th

5:00pm-6:30pm

\$60

Instructor: Aimee T.

Coffee Shop

An outing to a local coffee shop to try out various coffee and tea beverages.

Wednesdays

April 11th – May 16th

May 23rd – June 27th

4:00pm- 5:00pm

\$40

Instructor: Aimee T.



Aloha Classes

Explore new things...

Come dine with me

Come join us for a monthly dinner at a local restaurant where we will practice our manners and appropriate social behavior.

Thursdays

April 26th May 24th June 21st | 5:00pm- 7:00pm

\$25

Instructor: Aimee T.

Emergency Readiness

Come find out what you can do to be prepared for different kinds of emergencies. Learn how to put together an emergency preparedness tool kit. Handouts provided.

Wednesday

May 16th | 5:00pm- 6:00pm

\$20 per class

Instructor: Dee Y.

Friendship and Dating

Use discussion and role-play to learn interaction skills, problem solving and how to plan a date. Last class will be a coffee shop outing.

Wednesdays

April 11th – May 16th

May 23rd – June 27th

3:00pm- 4:00pm

\$40 series

Instructor: Aimee T.



Socialization Club

April. 5th & 12th -Community Behavior

Discuss the difference between community vs. home behavior. This includes differences in clothing, language and behavior.

April. 19th & 26th -Dating

Discuss dating and the difference between a romantic relationship and a friendship. Use role-play, discussion and problem solving skills to learn how to interact in both types of relationships.

May. 3rd & 10th -Personal Health

Discuss the ways we can take care of ourselves and look our best every day.

May. 17th & 24th -Helpers/Strangers/Acquaintances

Identify people in your life that fit these roles and learn what appropriate interactions would be with them through discussion and role-play.

May 31st & June 7th -Assertive Communication

Learn assertive communication skills through role modeling and practice how to ask for what you want and let others know how you are feeling.

June. 14th & 21st -Self Esteem

Discuss the components of self-esteem/ learn ways to develop and enhance your self-esteem.

June 28th -Socialization party

Group Discussion reviewing all session topics over a snack and drink.

Thursdays

4:00pm- 5:00pm | \$50 for the series

\$5 each individual class.

Instructor: Aimee T.

Women's Group

This is a class for women only to discuss a variety of topics. Come join us for safe, fun girl talk!

Thursdays

April 12th& 26th May 10th & 24th June 7th & 21st

3:00pm - 4:00pm | \$30 for series

Instructor: Aimee T.

Aloha Classes

Explore new things...

OMSI Mornings

Let's go check out all kinds of science exhibits! OMSI is a great place to spend a morning with many things to see! A subway lunch will be included.

Thursdays

April 19th & June 14th | 10:00am- 1:30pm

\$15 per day

Instructor: Aimee T.

Bowling Night

Rolling balls and knocking down the pins! Have fun with your friends while improving your skills. (Bumpers are available) Snack and a drink will be included.

Thursdays

April 12th May 10th June 7th | 5:30pm- 7:30pm

\$15 a night

Instructor: Aimee T.

Zoo Adventure

The Oregon zoo provides a home to animals from all corners of the world. Snack and drink will be included in our zoo adventure.

Fridays

May 25th | 2:30pm – 5:30pm

\$20 a day

Instructor: Aimee T.

BINGO night

Come join us for an evening of that popular game bingo. A prize table for the winner to choose what they would like to take home.

Fridays

April 20th May 11th June 8th | 6:00pm- 7:30pm

\$8

Instructor: Aimee T.

Craft Corner

Come and join us at the Aloha Community center for a series of craft project! Work with various sized and textured items to create unique craft projects. Learn new techniques while socializing with peers. Food and drink not provided

Saturdays

April 21st May 19th June 16th | 3:00pm – 5:00pm

\$15 a class

Instructor: Rhonda S. & Aimee T.





**JOIN US FOR THE EDWARDS CENTER
10th ANNUAL BOWLING EVENT**

**SATURDAY,
April 14, 2018
1:00 – 3:30 pm**

**Park Lanes Family Entertainment Center
6360 SE Alexander St.
Hillsboro, OR**

Schedule		Sponsor / Entry Fees
Noon	Check in begins	<ul style="list-style-type: none"> • \$30.00 Per Person If ordering 2X or 3X shirt sizes there will be additional \$3 for 2X and \$4 for 3X sizes. • \$250 Team Sponsor * Includes 5 person team, bowling shoes & lunch and sponsor recognition.
12:50	Practice for 10 minutes	
1:00	Bowling starts	
2:30	Awards for high team score and "booby prize"	
		\$100 of the fee for a team sponsor is a tax deductible donation and a tax receipt for that amount will be issued.

TEAMS CONSIST OF 5 BOWLERS PER TEAM

RAFFLE TICKETS - \$1.00 EACH OR 6 FOR \$5.00

- Awards presentation starts at 2:30 or when all teams have finished the first game. Only the first game scores will be used for prizes.
- Food is available at the snack bar any time you wish to eat. You may take food to the tables on the lanes.
- Raffle every 10 minutes and will be finished after bowling awards have been given.

Entry Fee includes
<ul style="list-style-type: none"> • 2 games of bowling • T-shirt and bowling shoes rental • Lunch: choice of hot dog or corn dog, french fries & drink

Questions? Call Betty at 503-466-2171 or bcoulson@edwardscenter.org

