



# Aloha Community Center

Lunch made easy! Just pick one option per day and return to Edwards Center to enjoy hot lunch for only \$5.  
Lunches are served in our café or can also be taken to go!



Name: \_\_\_\_\_  
 Phone : \_\_\_\_\_  
 Email: \_\_\_\_\_

## OCTOBER 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
7	1 <input type="checkbox"/> Asian BBQ Chicken <input type="checkbox"/> Fish Taco	2 <input type="checkbox"/> Taiwanese Beef Stew <input type="checkbox"/> Hawaiian Pizza	3 <input type="checkbox"/> Spinach Lasagna <input type="checkbox"/> Chicken Smitane	4 <input type="checkbox"/> Pork Stroganoff <input type="checkbox"/> Chicken Caesar Salad	5 <input type="checkbox"/> Chicken Chile Verde <input type="checkbox"/> Tuna Sandwich	6
14	8 <input type="checkbox"/> Tilapia W/Lemon Dill <input type="checkbox"/> Southwest Quiche	9 <input type="checkbox"/> Black Beans/Brown Rice <input type="checkbox"/> Beef Taco Salad	10 <input type="checkbox"/> Chicken Paprikash <input type="checkbox"/> Tofu Stir Fry	11 <input type="checkbox"/> Turkey W/Herb/Apricot <input type="checkbox"/> Chicken Grape Salad	12 <input type="checkbox"/> Meat Lasagna <input type="checkbox"/> Corn Dogs	13
21	15 <input type="checkbox"/> Sloppy Joes <input type="checkbox"/> Chicken Fajita Wrap	16 <input type="checkbox"/> Sweet & Sour Chicken <input type="checkbox"/> Creamy Garlic Pizza	17 <input type="checkbox"/> Lemongrass Fish <input type="checkbox"/> Shepherd's Pie	18 <input type="checkbox"/> Turkey Tetrazzini <input type="checkbox"/> Grilled Veggie Sandwich	19 <input type="checkbox"/> Cheese Ravioli <input type="checkbox"/> Pork Sliders	20
28	22 <input type="checkbox"/> Chicken W/Rice <input type="checkbox"/> Tuna Salad	23 <input type="checkbox"/> Beef & Mac Casserole <input type="checkbox"/> Open Face Turkey Sandwich	24 <input type="checkbox"/> Citrus Tarragon Chicken <input type="checkbox"/> Dijon Crusted Fish	25 <input type="checkbox"/> Swedish Meatballs <input type="checkbox"/> Spring Pasta W/Tofu	26 <input type="checkbox"/> Pork Tenderloin W/Dijon <input type="checkbox"/> Summer Chicken Salad	27
31	29 <input type="checkbox"/> Tilapia W/Lemon Pepper <input type="checkbox"/> Chicken Stir Fry Yakisoba	30 <input type="checkbox"/> Meat Loaf <input type="checkbox"/> Pork Gyro	31 <input type="checkbox"/> Roasted Parmesan Chicken <input type="checkbox"/> Turkey Salad			

Total Number of meals \_\_\_\_\_ X \$5 = \_\_\_\_\_     Check enclosed     Please invoice me

Please mail or fax to:

**Mail:** Edwards Center  
 PO BOX 6269  
 Aloha, OR 97007

**Fax:** 503-591-5577